

**Maternal Abuse, Mental Health Problems and Academic Performance in Adolescents of
Single Mother and Both Parents**



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Research Completion Certificate

It is certified that research work in this titled “Maternal Abuse, Mental Health Problems and Academic Performance in Adolescents with Single Mother and Both Parents” has been completed and carried out by **Ms. Faiza Salabat**, Registration No: SP15-BPY-007: student of BS Psychology, session 2015-2019. This study is an independent research work and carried out under given instruction and deliberation.

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Declaration

I, **Ms. Faiza Salabat**, Reg No: SP15-BPY-007, student of BS Psychology, session 2015-2019, hereby declare that the material printed in this thesis titled “Maternal Abuse, Mental Health Problems and Academic Performance in Adolescents with Single Mother and Both Parents” is my own original work and has not been printed, submitted or published in any form in any university, research institution in Pakistan or abroad.

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Dedication

With the name of Allah, the Most Gracious and the Most Merciful. My sincere gratefulness goes to my beloved parents, my father Salabat Ali and my mother for their prayer and praised and to my supervisor Dr. Farzana Ashraf who always supported me and encouraged to complete my thesis.

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Abstract

The present study was designed to investigate the link of maternal abuse with mental health problems and academic performance in adolescents. In addition, moderation between mental health problems and academic performance was also assessed. The sample comprised of 300 adolescents (150=living with both parents,150=living with single mothers) age ranges between 11-18 years ($M=14.46$, $SD= 1.71$). In this correlational study, the data was collected through purposive sampling technique from different schools of Manga Mandi. Maternal abuse, mental health problems and academic performance was measured by administering Child Abuse Scale-Revised (CAS) Adolescent version (Malik & Ghaffar 2014), Depression Anxiety and Stress Scale (Lovibond, S & Lovibond P, 1995) and previous class percentages respectively.

Regression analysis indicated that maternal abuse was the strongest predictor of mental health problems and academic performance. Further, parental status significantly moderated the link between maternal abuse and mental health problems. Study concluded that maternal abuse was more associated with mental health problems in case of both parents whereas showed lower association in case of single mothers. This study is a unique contribution for the society in a way, it helps in the better development of children and provide awareness to the parents that how their maltreatment practices could affect the academic performance and mental health of their children.

Key Words: *Maternal abuse, academic performance and mental health problems*